

## What other Riverside Lifehouse services are available?

### No Interest Loan Scheme

The Riverside Lifehouse No Interest Loan Scheme (NILS<sup>®</sup>) is modelled on schemes that have been operating around Australia for 20 years. It enables low income earners to access credit to purchase essential household items (eg: refrigerator, medical equipment, etc). Riverside Lifehouse NILS<sup>®</sup> is an alternative form of credit, not emergency relief. Loans are provided to people who are able to repay a loan without it causing financial pressure.

### What we do & don't lend for

- ✓ Household appliances
- ✓ Furniture
- ✓ Medical Equipment
- ✗ General Living expenses
- ✗ Car Repairs
- ✗ Rent Payments
- ✗ Emergency Relief

### Who can apply?

- People who receive a Centrelink payment
- Those who are on a low income
- Those who can afford to repay the loan in fortnightly payments

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### Contact Us

#### Phone

Office: 02 6882 2975

#### Location

57 Thompson Street Dubbo NSW 2830

#### Email

lifehouse@riversidedubbo.com

#### Websites

[www.foodforyou.com.au](http://www.foodforyou.com.au)  
[www.riversidelifehouse.com](http://www.riversidelifehouse.com)

#### Mail

Riverside Lifehouse  
PO Box 1580 Dubbo NSW 2830

#### Fax

02 6882 7037

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Food Support for our Community

## What is Food For You?

The Riverside Lifehouse Food For You service gives individuals and families on low incomes access to food and household items in an affordable manner. It's a community service program that enables people to access a good quantity of food and household items in a caring and supportive environment.



## Who is eligible?

Food For You is available to individuals and families who have a health care card or pension card or are in genuine need due to unforeseen circumstances.\*

*\*These situations are assessed on an individual basis.*

## How does it work?

Individuals or families become members of the Food For You service by participating in an orientation and sign up appointment, during which they meet members of the team, are made aware of the benefits of the Service, and become familiar with how to access it on a regular basis.

Members are given a membership card with their preferred access time and member number.

## How do I participate?

Each Thursday, on arrival at Food For You, members present their member card, 4 environmental shopping bags (for carrying the groceries), and pay a \$25 service fee.

This fee includes packaging, storage, handling, as well as assistance in choosing food and household items.

Members are then given an items list and they can choose up to 25 points worth of food and household items, including some frozen items and fresh fruits and vegetables.\*

*\*According to what is seasonally available.*



## How do I access products?

An item list is available each week for members to choose from. Food and household items are placed under a point system and each member of the Food Support Service can access up to 25 points worth per week.

When the members have made their selection, the list is given to our staff who then assemble and pack the order. At this time members are invited to sit and have a cuppa and a chat.

## Who can use my membership card?

Husbands and wives, or partners can be on the same membership and children of school leaving age and over are included in the membership.

Proof of age or other ID maybe required upon application.

One membership per household is available.

## How do I get started?

Appointments can be made by calling Riverside Lifehouse on **6882 2975**.

We can then arrnage to meet with you and help you with the membership sign up process.

If the call is unanswered, please leave your name and phone number on the answering service and we will reply as soon as possible.



## Need more info?

Visit us online at [www.foodforyou.com.au](http://www.foodforyou.com.au)